



NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS

CARIFTA TRIALS 2013

SATURDAY 2nd – SUNDAY 3rd MARCH

HASELY CRAWFORD STADIUM

PORT OF SPAIN



PROPOSED PROGRAMME OF EVENTS

DAY ONE

NO.	TIME	EVENT	CATEGORY	ROUND
1	10:00am	Javelin Throw	G U-17	Final
2	10:00am	High Jump	G U-17	Final
3	10:00am	Long Jump	G U-20	Final
4	10:00am	Discus Throw	B U-20	Final
5	10:00am	100m Hurdles	Girls Open Pentathlon	Final
6	10:15am	100m Hurdles	G U-17	Prelims
7	10:20am	100m Hurdles	G U-20	Prelims
8	10:30am	110m Hurdles	B U-17	Prelims
9	10:45am	110m Hurdles	Boys Open Heptathlon	Final
10	10:50am	110m Hurdles	B U-20	Prelims
5a	10:50am	Shot Put	Girls Open Pentathlon	Final
11	11:00am	100m	G U-17	Prelims
12	11:15am	100m	B U-17	Prelims
13	11:30am	100m	G U-20	Prelims
9a	11:30am	Long Jump	Boys Open Heptathlon	Final
14	11:45am	100m	B U-20	Prelims
15	11:45am	High Jump	B U-20	Final
16	12:00pm	400m	G U-17	Prelims
17	12:15pm	400m	B U-17	Prelims
18	12:30pm	400m	G U-20	Prelims
19	12:45pm	400m	B U-20	Prelims
20	12:30pm	Discus Throw	G U-20	Final
21	12:30pm	Triple Jump	G U-17	Final
INTERMISSION				
22	2:00pm	Triple Jump	B U-20	Final
23	2:00pm	Shot Put	B U-17	Final
5b	2:00pm	High Jump	Girls Open Pentathlon	Final
6a	2:00pm	100m Hurdles	G U-17	Final
7a	2:10pm	100m Hurdles	G U-20	Final
8a	2:20pm	110m Hurdles	B U-17	Final
10a	2:30pm	110m Hurdles	B U-20	Final
9b	2:30pm	Javelin Throw	Boys Open Heptathlon	Final
11a	2:45pm	100m	G U-17	Semi-Finals
12a	2:55pm	100m	B U-17	Semi-Finals
13a	3:05pm	100m	G U-20	Semi-Finals
14a	3:15pm	100m	B U-20	Semi-Finals
24	3:25pm	1500m	G U-17	Final
25	3:30pm	1500m	B U-17	Final
26	3:30pm	Javelin Throw	G U-20	Final
27	3:30pm	Long Jump	B U-17	Final
28	3:30pm	Shot Put	G U-17	Final
29	3:35pm	1500m	G U-20	Final
30	3:40pm	1500m	B U-20	Final
16a	3:50pm	400m	G U-17	Final
17a	3:55pm	400m	B U-17	Final
18a	4:00pm	400m	G U-20	Final
19a	4:05pm	400m	B U-20	Final
9c	4:15pm	200m	Boys Open Heptathlon	Final
11b	4:30pm	100m	G U-17	Final
12b	4:35pm	100m	B U-17	Final
13b	4:40pm	100m	G U-20	Final
14b	4:45pm	100m	B U-20	Final

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PROPOSED PROGRAMME OF EVENTS

DAY TWO

NO.	TIME	EVENT	CATEGORY	ROUND
31	10:00am	High Jump	B U-17	Final
32	10:00am	Shot Put	G U-20	Final
5c	10:00am	Long Jump	Girls Open Pentathlon	Final
9d	10:00am	Discus Throw	Boys Open Heptathlon	Final
33	10:00am	Javelin Throw	B U-17	Final
34	10:00am	300m Hurdles	G U-17	Prelims
35	10:15am	400m Hurdles	G U-20	Prelims
36	10:20am	400m Hurdles	B U-17	Prelims
37	10:35am	400m Hurdles	B U-20	Prelims
38	10:50am	200m	G U-17	Prelims
39	11:10am	200m	B U-17	Prelims
40	11:30am	200m	G U-20	Prelims
41	11:50am	200m	B U-20	Prelims
9e	12:00pm	High Jump	Boys Open Heptathlon	Final
42	12:00pm	Triple Jump	B U-17	Final
43	12:00pm	Discus Throw	G U-17	Final
44	12:15pm	800m	G U-17	Prelims
45	12:25pm	800m	B U-17	Prelims
46	12:35pm	800m	G U-20	Prelims
47	12:45pm	800m	B U-20	Prelims
INTERMISSION				
48	2:00pm	High Jump	G U-20	Final
49	2:00pm	Long Jump	G U-17	Final
50	2:00pm	Shot Put	B U-20	Final
51	2:00pm	Triple Jump	G U-20	Final
34a	2:00pm	300m Hurdles	G U-17	Final
35a	2:15pm	400m Hurdles	G U-20	Final
36a	2:25pm	400m Hurdles	B U-17	Final
37a	2:30pm	400m Hurdles	B U-20	Final
52	2:30pm	Javelin Throw	B U-20	Final
38a	2:45pm	200m	G U-17	Semi-Finals
39a	2:55pm	200m	B U-17	Semi-Finals
40a	3:05pm	200m	G U-20	Semi-Finals
41a	3:15pm	200m	B U-20	Semi-Finals
5d	3:30pm	800m	Girls Open Pentathlon	Final
53	3:30pm	Discus Throw	B U-17	Final
54	3:30pm	Pole Vault	B U-20	Final
55	3:30pm	Long Jump	B U-20	Final
44a	3:35pm	800m	G U-17	Final
45a	3:40pm	800m	B U-17	Final
46a	3:50pm	800m	G U-20	Final
47a	3:55pm	800m	B U-20	Final
56	4:00pm	3000m	Girls Open	Final
57	4:05pm	3000m	B U-17	Final
58	4:15pm	5000m	Boys Open	Final
9f	4:30pm	1500m	Boys Open Heptathlon	Final
38b	4:35pm	200m	G U-17	Final
39b	4:40pm	200m	B U-17	Final
40b	4:45pm	200m	G U-20	Final
41b	4:50pm	200m	B U-20	Final