



## The Role of the Level I and Level II Coach

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Level I and Level II coaches will become the most numerous products of the IAAF CECS and as such they can make many important contributions to the development of Athletics. After they complete their course, it is expected that the majority will work in schools and/or clubs with young and developing athletes, in other words, at the grass roots of athletics. In addition to the technical aspects of training their athletes, a Level I or Level II coach must also be prepared to fill a position of leadership, as one who works with young people and as one whose enthusiasm and knowledge help to build the culture of athletics.

After the IAAF and the Member Federation have made their contribution by providing the training, the real work of the Level I and Level II coach begins. Both these levels of coach will be likely to be required to make a large commitment of time and effort with little or no financial reward. It is therefore important that they begin with a genuine interest in athletics, working to help other people reach their goals.

These coaches should also understand the value and importance of the opportunity which the Level I and Level II courses provide. It is vital that they continue to make use of their training and experience by remaining active in the sport. It also vital that a strong bond of continuing cooperation be built up between these active coaches and the Member Federation.

It is the philosophy of the IAAF CECS that coaches education should be an ongoing experience. For this reason, Level I and Level II coaches are encouraged by the IAAF to join and be active in their national and regional coaches associations. Through the channels of cooperation with the Member Federation and membership in coaches associations, these coaches will be able to communicate with the IAAF and its RDCs to provide feedback which could lead to making their own work more effective and to improving the training of future Level I and Level II coaches.

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Please note: Individuals interested in attending a Level I or Level II course should contact their National Federation directly.