



ATHLETES TO WATCH

2017 Carifta Trials

Hasely Crawford Stadium, Mucurapo

March 11 & 12

Day One - Morning Session

Girls open Heptathlon

(athletes compete in seven events over two days-100m hurdles, high jump, shot put, 200m on day One. Long jump, javelin, 200m on Day Two)

Carifta standard 3,900 points)

2016 Carifta Trials winner-Anya Akili 4272 points.

Akili (bronze-girls open heptathlon at 2016 Carifta Games, also competed at the 2014, 2015 Carifta Games; gold-girls under 18 heptathlon at 2016 Pan American Combined Events Cup in Canada)

Antonia Sealey competed at the 2016 Carifta Games; gold-girls under 16 heptathlon at 2016 Pan American Combined Events Cup in Canada

Boys open Octathlon

(Athletes compete in eight events over two day-100m, long jump, shot put, 400m on Day One. 110m hurdles, high jump, javelin, 1000m on Day two

Carifta standard 5050 points

2016 Carifta Trials winner-Ian West 5280

Kerlon Ashby competed at the 2016 Carifta Games and Pan American Combined Events Cup

Event 1 Girls Under 18 Javelin Throw finals.

The competitors will be using the 500gram javelin

Carifta standard-40.00m

2016 Carifta trials winner-Asha James (Zenith) 43.59m

James won bronze at 2016 Carifta Games, silver at 2015 Carifta Games

Event 2 Girls Under 18 High Jump finals

Carifta standard-1.70m

2016 Carifta Trials winner-Glenka Antonia of the visiting Trupial of Curacaoth 1.70m . Safiya John was the first local in third. John went to represent T&T at the Carifta Games in the event.

Event 3 Girls Under 20 Long Jump

Carifta standard-5.80m

2016 Carifta trials winner –Alisha St. Louis (D’Abadie Progressive) 5.33m

Event 23 Boys Under 18 Shot Put

The competitors using the 5kg implement

Carifta standard-15.20m

2016 Carifta trials winner-Konnel Jacobs (Jaguars) 15.23m

Christopher Crawford-NAAA top Under 16 field athlete of the year for 2016

Event 11 Girls Under 18 100 Meter

Carifta standard-12.15

2016 Carifta Trials winner Jenea Spinks 11.98 ahead of Akidah Lewis(12.05). Lewis ran 11.83 in the heats.

Akidah Lewis sec & Jenea Spinks (member for 2016 Carifta girls under 18 4x100m bronze medal winning team).

Spinks-semifinalist in the women’ s 100m at the 2016 World Under 20 Championships in Poland.

Ayla Stanislaus (member of the 2016 Carifta team); 2016 NAAA Top Under 18 Female track athlete of the year

Event 12 Boys Under 18 100 Meter

Carifta standard-10.85 sec

2016 Carifta trials winners-Adel Colthrust 10.64

Adell Colthrust (bronze in the boys under 18 100m at the 2016 Carifta team, bronze boys under 18 4x100m at 2014 Carifta Games; member of the 2014 & 2016 Carifta teams)

Avindale Smith (member of the 2016 Carifta team)

Jodiah Edwards (member of 2016 Carifta team)

Event 14 Boys Under 20 100 Meter

Carifta standard-10.60 sec

2016 Carifta trials winners Jalen Purcell 10.67

Clement Williams (bronze-boys under 18 long jump at 2015 Carifta games, also competed at the 2016 Carifta Games)

Jerod Elcock and Jalen Purcell (bronze-boys under 18 4x100m at 2015 Carifta Games)

Tyrel Edwards (silver-boys under 18 200m at 2016 Carifta Games, silver-boys under 18 4x100m-2015 Carifta Games)

Ako Hislop (member of the 2015 and 2016 Carifta teams)

Event 4 Boys Under 20 Discus Throw finals

1.75kg discus is used

Carifta standard-47.00m

2016 Carifta trials winner Nkosi James 41.71

Clarence Hannibal & Konnell Jacob (competed at 2016 Carifta Games)

Nkois James (competed at the 2015 Carifta Games)

Event 16 Girls Under 18 400 Meter Dash

Carifta standard-57.00 sec

2016 Carifta trials winner-Rae-Ann Seville 56.79

Event 17 Boys Under 18 400 Meter Dash

Carifta standard-49.25 sec

2016 Carifta trials winner-Onal Mitchell 48.62

Che Lara (bronze-boys under 18 4x400m at 2016 Carifta Games; second -2016 Carifta trials)

Event 18 Girls Under 20 400 Meter Dash

Carifta standard-55.30 sec

2016 Carifta trials winner-Renee Stoddard

Renee Stoddard (bronze-girls undr 20 4x100m at 2016 Carifta Games; also competed at the 2014, 2015 Carifta Games)

Event 19 Boys Under 20 400 Meter Dash

Carifta standard-47.80 sec

2016 Carifta trials winner-Jacob St. Clair 47.89

Jacob St. Clair (silver-boys under 18 400m & 4x400m-2015 Carifta Games; bronze-boys under 18 4x400m at 2014 Carifta Games)

Onal Mitchell (bronze-boys under 18 400m & 4x400m at 2016 Carifta Games)

Kashief King (bronze-boys under 18 4x400m at 2014 Carifta Games)

Judah Taylor (silver-boys under 18 4x400m at 2015 Carifta Games)

King, St. Clair and Taylor were members of T&T's men's 4x400m which finished sixth in the finals at the 2016 World Under 20 Championships in Poland.

Event 15 Boys Under 20 High Jump finals

Carifta standard-2.00m

2016 Carifta Trials winner-Omari Benoit 2.00m

Franklyn Stanislaus competed at the 2015 and 2016 Carifta Games)

Day One - Afternoon Session

Event 20 Girls Under 20 Discus Throw finals

1kg discus is used

Carifta standard-40.00m

2016 Carifta trials winner-Shiann Charles-41.70,

Chevelle Mc Pherson competed at the 2015 Carifta Games

Event 21 Girls Under 18 Triple Jump

Carifta standard-12.10m

Event not contested in 2016

Event 13 Girls Under 20 100 Meter

Carifta standard-11.80

2016 Carifta trials winner-Khalifa St. Fort

St. Fort (gold-girls under 20 100m at 2016 Carifta Games, bronze-women's 100m at 2016 Carifta Games; set current national girls under 20 record (11.16); anchored T&T's women's 4x100m team to fifth place in the finals at the 2016 Rio Olympics)

Sarah Wallaston (bronze-girls under 20 4x100m at 2016 Carifta Games)

Shania Mc Carter & Akeera Esdelle (bronze-girls under 18 4x100m at 2016 Carifta Games)

Event 22 Boys Under 20 Triple Jump finals

Carifta standard-14.90m

2016 Carifta trials winner-Che Richards 13.28

Event 6 Girls Under 18 100 Meter Hurdles finals

Carifta standard-14.70 sec

2016 Carifta trials winner-Anya Akili 14.50

Cheziah Phillip (bronze-girls under 400m hurdles at 2015 Carifta Games; competed at the 2016 Carifta Games)

Event 7 Girls Under 20 100 Meter Hurdles finals

Carifta standard-14.60 sec

2016 Carifta trials winner –Jeminise Parris 13.92

Anya Akili (bronze-girls open heptathlon at 2016 Carifta Games), competed at the 2014, 2015 and 2016 Carifta Games

Event 8 Boys Under 18 110 Meter Hurdles finals

Carifta standard-14.50 sec

2016 Carifta trials winner-Ako Hislop 14.92

Event 9 Boys Under 20 110 Meter Hurdles

Carifta standard-14.70 sec

2016 Carifta trials winner-Jude Atwell 15.04

Ako Hislop competed in the 2015 and 2016 Carifta Games

Event 24 Girls Under 18 1500 Meters finals

Carifta standard-4:55.00

2016 Carifta trials winner-Kershelle Mc Intyre 5:09.19

Event 25 Boys Under 18 1500 Meter finals

Carifta standard-4:12.00

2016 Carifta trials winner-Ricardo Cova 4:29.72

Event 26 Girls Under 20 Javelin Throw

600g javelin

Carifta standard-39.00m

2016 Carifta trials winner-Akidah Briggs 38.36

Briggs (silver-girls under 18 shot put at 2015 Carifta Games; bronze-girls under 18 shot put at 2014 Carifta Games; silver-girls under 17 javelin at 2012 Carifta Games; bronze-girls under 17 javelin at 2011 Carifta Games)

Asha James (silver-girls under 18 javelin at 2015 Carifta Games, bronze-girls under 18 javelin at 2016 Carifta Games). James also competed at the 2014 Carifta Games

Event 27 Boys Under 18 Long Jump finals

Carifta standard-6.80m

2016Trials winner-Josiah Edwards 6.97

Event 28 Girls Under 18 Shot Put finals

3kg shot put used

Carifta standard-13.50m

2016 Carifta trials winner-Ianna Roach 14.13

Roach (silver-girls under 18 shot put at 2016 Carifta Games)

Event 29 Girls Under 20 1500 Meter finals

Carifta standard-4:48.00

2016 Carifta trials winner Qyone Antersijn of the visiting Trupial team of Curacao 5:08.04

Event 30 Boys Under 20 1500 Meter finals

Carifta standard-4:05.00

2016 Carifta trials winner Jeda Renaud-Hinds 4:16.88