

2nd June, 2017

Vincent Twins out to win it all at the NGC NAAATT Juvenile Championships.

This weekend sees the beginning of a month long celebration of athletics in Trinidad and Tobago as the National Association of Athletics Administrations (NAAATT) kicks off their Championship Month. Over the next four weekends, the Haseley Crawford Stadium plays host to the NGC Juvenile Champs, NGC Junior Champs, NLCB NACAC Age Group Championships and culminates with the NGC Sagikor Open Champs on the last weekend, arguably the highlight of the local athletic circuit.



Tenique and Tyrique Vincent of ZC Athletics, winners at the NGC Combined Championships.

This weekend is all about the next generation though as T&T's future stars grasp the spotlight. The Juvenile Champs cater for the age groups Under 14(U-14) to Under10 (U-10). Two shining lights in the U-10 category to look out for are the twins Tenique and Tyrique Vincent.

Tyrique and Tenique dominated their age group in the recently concluded NGC Combined Champs, coming out on top over a variety of disciplines testing their running, throwing and jumping ability. This weekend they will be more sternly tested as they go up against peers who would, in most cases, be just participating in the one event. However, their father has faith that would not deter them as he describes their focus and their stamina as possibly the major standout attributes for the pair.

Hailing from Chaguanas, the pair only started competing on the athletic circuit this year but have done extremely well since joining the ZC Athletics Club. Their father, David Vincent has a background in bodybuilding as well as the military. He identified from an early age that they easily grasped the fundamental movement skills of running, jumping and throwing and saw the potential in them as they grew. Tenique is also a gymnast while Tyrique has the ability to do several sports due to his athletic prowess. His father sees him as turning into a fine quarter-miler eventually, but should they both triumph across several disciplines again this weekend, specialising will still be some way off.

Look out for Tenique and Tyrique Vincent this weekend, June 3rd and 4th, at the Hasely Crawford Stadium competing in the NGC NAAATT Juvenile Championships. They will just be two of the promising athletes on show as we catch a glimpse of T&T's next generation of Olympians. Admission is only \$25 and commence at 10am on both days.