



**NATIONAL ASSOCIATION OF ATHLETICS ADMINISTRATIONS**  
**2013 COMBINED EVENTS CHAMPIONSHIPS**  
**SATURDAY 8<sup>th</sup> – SUNDAY 9<sup>th</sup> JUNE**  
 HASELY CRAWFORD STADIUM  
 PORT OF SPAIN, TRINIDAD  
 LIST OF EVENTS



EVENT NO.	EVENT TITLE	CATEGORY	ELIGIBILITY	EVENTS
1	TRIATHLON (1) - Girls	UNDER 9	<ul style="list-style-type: none"> <li>Boys and Girls born from 1 Jan. 2005 or later</li> </ul>	<ul style="list-style-type: none"> <li>60m</li> <li>Long Jump</li> <li>Ball Throw</li> </ul>
2	TRIATHLON (2) - Boys			
3	TETRATHLON (1) - Girls	UNDER 11 (9-10)	<ul style="list-style-type: none"> <li>Boys and Girls born from 1 Jan. 2003 - 31 Dec. 2004</li> </ul>	<ul style="list-style-type: none"> <li>60m</li> <li>Long Jump</li> <li>800m</li> <li>Ball Throw</li> </ul>
4	TETRATHLON (2) - Boys			
5	PENTATHLON A (1) - Girls (C.A.C. Age Group)	UNDER 13 (11-12)	<ul style="list-style-type: none"> <li>Boys and Girls born from 1 Jan. 2001 - 31 Dec. 2002</li> </ul>	<ul style="list-style-type: none"> <li>60m</li> <li>800m/1000m</li> <li>Long Jump</li> <li>High Jump</li> <li>Ball Throw</li> </ul>
6	PENTATHLON A (2) - Boys (C.A.C. Age Group)			
7	HEPTATHLON A (1) - Girls (C.A.C. Age Group)	UNDER 15 (13-14)	<ul style="list-style-type: none"> <li>Boys and Girls born from 1 Jan. 1999 - 31 Dec. 2000</li> </ul>	<ul style="list-style-type: none"> <li>80m</li> <li>1000m/1200m</li> <li>60mH (.76m)/80mH (.84m)</li> <li>Long Jump</li> <li>High Jump</li> <li>Ball Throw</li> <li>Shot Put(3kg)</li> </ul>
8	HEPTATHLON A (2) - Boys (C.A.C. Age Group)			
9	PENTATHLON B - Girls (Carifta)	UNDER 17 (15-16) UNDER 20 (17-19)	<ul style="list-style-type: none"> <li>Girls born from 1 Jan. 1997 - 31 Dec. 1998</li> <li>Girls born from 1 Jan. 1996 - 31 Dec. 1994</li> </ul>	<ul style="list-style-type: none"> <li>100mH(0.838m)</li> <li>High Jump</li> <li>Shot Put(4kg)</li> <li>Long Jump</li> <li>800m</li> </ul>
10	OCTATHLON - Boys (Youth) World Youth	UNDER 18	<ul style="list-style-type: none"> <li>Boys born from 1 Jan. 1996 - 31 Dec. 1999</li> </ul>	<ul style="list-style-type: none"> <li>100m</li> <li>Long Jump</li> <li>Shot Put(5kg)</li> <li>400m</li> <li>110mH(0.91m)</li> <li>High Jump</li> <li>Javelin Throw(700g)</li> <li>1000m</li> </ul>



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<b>11</b>	HEPTATHLON B - Boys (Carifta)	UNDER 17 (15-16) UNDER 20 (17-19)	<ul style="list-style-type: none"> <li>• Boys born from 1 Jan. 1997 – 31 Dec. 1998</li> <li>• Boys born from 1 Jan. 1996 – 31 Dec. 1994</li> </ul>	<ul style="list-style-type: none"> <li>• 110mH(0.991m)</li> <li>• Long Jump</li> <li>• Javelin Throw(800g)</li> <li>• 200m</li> <li>• Discus Throw(1.75kg)</li> <li>• High Jump</li> <li>• 1500m</li> </ul>
<b>12</b>	HEPTATHLON C (1) – Youth World Youth	UNDER 18	<ul style="list-style-type: none"> <li>• Boys born from 1 Jan. 1996 – 31 Dec. 1999</li> </ul>	<ul style="list-style-type: none"> <li>• 100mH(0.76)/(0.84m)</li> <li>• High Jump</li> <li>• Shot Put(3kg)/(4kg)</li> <li>• 200m</li> <li>• Long Jump</li> <li>• Javelin Throw(500g)/(600g)</li> <li>• 800m</li> </ul>
	HEPTATHLON C (2) – Juniors & Women	Junior =UNDER 20	<ul style="list-style-type: none"> <li>• Born from 1 Jan. 1994 – 31 Dec. 1995</li> </ul>	
		WOMEN (Open)	<ul style="list-style-type: none"> <li>• Born before 1 Jan. 1994</li> </ul>	
<b>13</b>	DECATHLON (1) - Boys (Juniors)	UNDER 20 (18-19)	<ul style="list-style-type: none"> <li>• Born from 1 Jan. 1994 – 31 Dec. 1995</li> </ul>	<ul style="list-style-type: none"> <li>• 100m</li> <li>• Long Jump</li> <li>• Shot Put (6/7.26kg)</li> <li>• High Jump</li> <li>• 400m</li> </ul>
<b>14</b>	DECATHLON (2) - Men	MEN (Open)	<ul style="list-style-type: none"> <li>• Born before 1 Jan. 1994</li> </ul>	<ul style="list-style-type: none"> <li>• 110mH(0.991m/1.06m)</li> <li>• Discus Throw (1.75/2kg)</li> <li>• Pole Vault</li> <li>• Javelin Throw(800g)</li> <li>• 1500m</li> </ul>