

27<sup>th</sup> May, 2020

Member Clubs

## Covid-19 Update #2

## Good Day All,

As you may recall, I would have sent a letter to all Member Clubs on May 12, 2020 outlining the current situation surrounding the pandemic that has impacted our sport worldwide. The Association continues to monitor the situation as the Government reopens the country on a phased basis on the advice of the medical experts. As the reopening process continues, the Association continues to advocate for the diversification of your approach to keeping healthy while still observing the protocols outlined by the Public Health Ordinance.

With the current prolonged period of the Stay at Home Order, the Board in its deliberation at a meeting held on May 26<sup>th</sup>, has taken the decision to officially cancel the remainder of the 2020 track season. While this season has been curtailed, the Board proposes that the upcoming 2020/2021 track season will begin as early as November and commence with a combination of Cross Country/Road Running together with some track series designed for unconventional track events (150m, 300m, 600m. relays etc).

Members can also look forward in the near future to a couple of online workshops on; Sports Psychology as it relates the effects of this particular period and Strength and Conditioning.

Clubs are asked to ensure all athletes continue to stay fit as we prepare for all upcoming activities.

I thank you in advance for your kind consideration.

## Stay Safe, Save Lives, we are all in this together.

Yours respectfully,

Ephraim Serrette President

National Association of Athletics Administrations of Trinidad and Tobago Ato Boldon Stadium Balmain, Couva Trinidad and Tobago

PO Box 605, Port of Spain Tel 1-868-226-1310/1311 1-868-636-7877 Affiliated to IAAF and TTOC www.naaatt.org