# 2016 NGC/SAGICOR GENERAL NATIONAL SENIOR/OPEN CHAMPIONSHIPS PROVISIONAL COMPETITION SCHEDULE (REVISED @ 21.06.16)

#### <u>DAY ONE</u> <u>FRIDAY 24<sup>TH</sup> JUNE 2016</u>

| NO. | TIME   | EVENT        | CATEGORY      | ROUND   |
|-----|--------|--------------|---------------|---------|
| 1.  | 6:00pm | Hammer Throw | Women         | Final   |
| 2   | 6:00pm | Hammer Throw | Boys Under 20 | Final   |
| 2a. | 6:00pm | Hammer Throw | Men           | Final   |
| 3.  | 6:00pm | 400m         | Women         | Prelims |
| 4.  | 6:15Pm | 400m         | Men           | Prelims |
| 5.  | 6:35pm | 100m         | Women         | Prelims |
| 6.  | 6:50pm | 100m         | Men           | Prelims |
| 7.  | 7:20pm | 10,000m      | Men           | Final   |
| 9.  | 7:50pm | 800m         | Men           | Prelims |
| 10. | 8:00pm | 110m Hurdles | Men           | Prelims |
|     |        |              |               |         |

#### 2016 NGC/SAGICOR GENERAL NATIONAL SENIOR/OPEN CHAMPIONSHIPS PROVISIONAL COMPETITION SCHEDULE (REVISED @ 21.06.16)

# DAY TWO SATURDAY 25<sup>TH</sup> JUNE 2016

| 30.   10:15am  | 29.    | 10:00am | 200m                 | Women Men      | Prelims Men |
|--|--------|---------|----------------------|----------------|-------------|
| 11.   4:15pm   Shot Put  | 30.    | 10:15am | H <b>2.910</b> dhump |                |             |
| 12.         4:15pm         High Jump         Women         Final           13.         4:15pm         Triple Jump         Women         Final           14.         4:15pm         100m         Decathlon         Final           15.         4:25pm         100m Hurdles         Heptathlon         Final           16.         4:30pm         100m Hurdles         Men         Final           10a.         4:40pm         110m Hurdles         Men         Final           17.         4:40pm         Javelin Throw         Women         Final           17.         4:40pm         Javelin Throw         Women         Final           18.         4:50pm         High Jump         Heptathlon         Final           18.         4:50pm         High Jump         Men         Final           19.         5:00pm         Long Jump         Men         Final           19.         5:00pm         Long Jump         Decathlon         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put  |        | 3:30pm  |                      |                | -           |
| 13.         4:15pm         Triple Jump         Women         Final           14.         4:15pm         100m         Decathlon         Final           15.         4:25pm         100m Hurdles         Heptathlon         Final           16.         4:30pm         100m Hurdles         Women         Final           10a.         4:40pm         110m Hurdles         Men         Final           17.         4:40pm         Javelin Throw         Women         Final           15a.         4:45pm         High Jump         Heptathlon         Final           15a.         4:45pm         High Jump         Heptathlon         Final           15a.         4:45pm         High Jump         Heptathlon         Final           18.         4:50pm         1500m         Men         Final           20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           21.         5:20pm         Long Jump         Decathlon         Final           21.         5:20pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Hept   | 11.    | 4:15pm  | Shot Put             | Men            | Final       |
| 14.         4:15pm         100m         Decathlon         Final           15.         4:25pm         100m Hurdles         Heptathlon         Final           16.         4:30pm         100m Hurdles         Women         Final           10a.         4:40pm         110m Hurdles         Men         Final           17.         4:40pm         Javelin Throw         Women         Final           17.         4:40pm         High Jump         Heptathlon         Final           18.         4:45pm         High Jump         Heptathlon         Final           18.         4:50pm         1500m         Women         Final           20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Decathlon         Final           25  | 12.    | 4:15pm  | High Jump            | Women          | Final       |
| 15.         4:25pm         100m Hurdles         Heptathlon         Final           16.         4:30pm         100m Hurdles         Women         Final           10a.         4:40pm         110m Hurdles         Men         Final           17.         4:40pm         Javelin Throw         Women         Final           15a.         4:45pm         High Jump         Heptathlon         Final           18.         4:50pm         1500m         Women         Final           20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         Shot Put         Heptathlon         Final           25a.         5:55pm         Discus Throw         Women         Final           14  | 13.    | 4:15pm  | Triple Jump          | Women          | Final       |
| 16.         4:30pm         100m Hurdles         Women         Final           10a.         4:40pm         110m Hurdles         Men         Final           17.         4:40pm         Javelin Throw         Women         Final           15a.         4:45pm         High Jump         Heptathlon         Final           18.         4:50pm         1500m         Women         Final           20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         Shot Put         Heptathlon         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final <t< td=""><td>14.</td><td>4:15pm</td><td>100m</td><td>Decathlon</td><td>Final</td></t<>       | 14.    | 4:15pm  | 100m                 | Decathlon      | Final       |
| 10a.         4:40pm         110m Hurdles         Men         Final           17.         4:40pm         Javelin Throw         Women         Final           15a.         4:45pm         High Jump         Heptathlon         Final           18.         4:50pm         1500m         Women         Final           20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         Shot Put         Heptathlon         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         High Jump         Decathlon         Final   | 15.    | 4:25pm  | 100m Hurdles         | Heptathlon     | Final       |
| 17.         4:40pm         Javelin Throw         Women         Final           15a.         4:45pm         High Jump         Heptathlon         Final           18.         4:50pm         1500m         Women         Final           20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         Shot Put         Heptathlon         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Momen         Semi Finals  | 16.    | 4:30pm  | 100m Hurdles         | Women          | Final       |
| 15a.         4:45pm         High Jump         Heptathlon         Final           18.         4:50pm         1500m         Women         Final           20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         Shot Put         Heptathlon         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         Discus Throw         Women         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Final           9a.  | 10a.   | 4:40pm  | 110m Hurdles         | Men            | Final       |
| 18.         4:50pm         1500m         Women         Final           20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         Shot Put         Heptathlon         Final           25.         5:45pm         Shot Put         Heptathlon         Final           25.         5:45pm         Shot Put         Heptathlon         Final           25.         5:45pm         Discus Throw         Girls Under 16         Final           25.         5:55pm         Discus Throw         Women         Final           4c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Men         Semi Finals           8 </td <td>17.</td> <td>4:40pm</td> <td>Javelin Throw</td> <td>Women</td> <td>Final</td> | 17.    | 4:40pm  | Javelin Throw        | Women          | Final       |
| 20.         4:55pm         1500m         Men         Final           19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         5000m         Women         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           4c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Men         Final           9a.         6:25pm         800m         Men         Final           5b(i)         6:45pm   | 15a.   | 4:45pm  | High Jump            | Heptathlon     | Final       |
| 19.         5:00pm         Long Jump         Men         Final           14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         5000m         Women         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           4c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         <   | 18.    | 4:50pm  | 1500m                | Women          | Final       |
| 14a.         5:00pm         Long Jump         Decathlon         Final           21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         5000m         Women         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           4c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           5b(i)         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         A Final           6b(i)   | 20.    | 4:55pm  | 1500m                | Men            | Final       |
| 21.         5:20pm         400m Hurdles         Men         Prelims           Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         5000m         Women         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         Discus Throw         Women         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(ii)  | 19.    | 5:00pm  | Long Jump            | Men            | Final       |
| Medal Presentation           14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         5000m         Women         Final           25         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(ii)         7:00pm         100m         Men         A Final  | 14a.   | 5:00pm  | Long Jump            | Decathlon      | Final       |
| 14b.         5:45pm         Shot Put         Decathlon         Final           15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         5000m         Women         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           9a.         6:25pm         800m         Men         Final           5b(i)         6:45pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(ii)         7:00pm         100m         Men         A Final<  | 21.    |         | 400m Hurdles         | Men            | Prelims     |
| 15b.         5:45pm         Shot Put         Heptathlon         Final           24.         5:45pm         5000m         Women         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         A Final  |        |         | Medal Prese          | ntation        |             |
| 24.         5:45pm         5000m         Women         Final           25.         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 14b.   | 5:45pm  | Shot Put             | Decathlon      | Final       |
| 25         5:55pm         Discus Throw         Girls Under 16         Final           25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 15b.   | 5:45pm  | Shot Put             | Heptathlon     | Final       |
| 25a.         5:55pm         Discus Throw         Women         Final           14c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           Medal Presentation           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final  | 24.    | 5:45pm  | 5000m                | Women          | Final       |
| 14c.         5:55pm         High Jump         Decathlon         Final           5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           Medal Presentation           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 25     | 5:55pm  | Discus Throw         | Girls Under 16 | Final       |
| 5a.         6:00pm         100m         Women         Semi Finals           6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           Medal Presentation           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 25a.   | 5:55pm  | Discus Throw         | Women          | Final       |
| 6a.         6:10pm         100m         Men         Semi Finals           8         6:20pm         800m         Women         Final           Medal Presentation           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 14c.   | 5:55pm  | High Jump            | Decathlon      | Final       |
| 8         6:20pm         800m         Women         Final           9a.         6:25pm         800m         Men         Final           Medal Presentation           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 5a.    | 6:00pm  | 100m                 | Women          | Semi Finals |
| 9a.         6:25pm         800m         Men         Final           Medal Presentation           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 6a.    | 6:10pm  | 100m                 | Men            | Semi Finals |
| Medal Presentation           15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 8      | 6:20pm  | 800m                 | Women          | Final       |
| 15c.         6:40pm         200m         Heptathlon         Final           5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final  | 9a.    | 6:25pm  | 800m                 | Men            | Final       |
| 5b(i)         6:45pm         100m         Women         B Final           5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final  |        |         | Medal Prese          | ntation        |             |
| 5b(ii)         6:50pm         100m         Women         A Final           6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final  | 15c.   | 6:40pm  | 200m                 | Heptathlon     | Final       |
| 6b(i)         6:55pm         100m         Men         B Final           6b(ii)         7:00pm         100m         Men         A Final   | 5b(i)  | 6:45pm  | 100m                 | Women          | B Final     |
| 6b(ii) 7:00pm 100m Men A Final   | 5b(ii) | 6:50pm  | 100m                 | Women          | A Final     |
|  | 6b(i)  | 6:55pm  | 100m                 | Men            | B Final     |
| 14d. 7:30pm 400m Decathlon Final   | 6b(ii) | 7:00pm  | 100m                 | Men            | A Final     |
|  | 14d.   | 7:30pm  | 400m                 | Decathlon      | Final       |

#### 2016 NGC/SAGICOR GENERAL NATIONAL SENIOR/OPEN CHAMPIONSHIPS PROVISIONAL COMPETITION SCHEDULE (REVISED @ 21.06.16)

# DAY THREE SUNDAY 26<sup>TH</sup> JUNE 2016

| NO.                             | TIME               | EVENT         | CATEGORY      | ROUND      |  |  |  |  |  |
|---------------------------------|--------------------|---------------|---------------|------------|--|--|--|--|--|
| 26.                             | 3:30pm             | 100m          | Women Masters | Final      |  |  |  |  |  |
| 27.                             | 3:35pm             | 100m          | Men Masters   | Final      |  |  |  |  |  |
| 14e.                            | 3:45pm             | 110m Hurdles  | Decathlon     | Final      |  |  |  |  |  |
| 15d                             | 3:35pm             | Long Jump     | Heptathlon    | Final      |  |  |  |  |  |
| 28.                             | 3:40pm             | Long Jump     | Women         | Final      |  |  |  |  |  |
| 14f.                            | 3:40pm             | Discus Throw  | Decathlon     | Final      |  |  |  |  |  |
| 31.                             | 3:40pm             | Discus Throw  | Men           | Final      |  |  |  |  |  |
| 32.                             | 3:40pm             | Shot Put      | Women         | Final      |  |  |  |  |  |
| 29a.                            | 3:50pm             | 200m          | Women         | Semi Final |  |  |  |  |  |
| 30a.                            | 3:55pm             | 200m          | Men           | Semi Final |  |  |  |  |  |
| 33.                             | 4:00pm             | High Jump     | Men           | Final      |  |  |  |  |  |
| 14g.                            | 4:00pm             | Pole Vault    | Decathlon     | Final      |  |  |  |  |  |
| 15e.                            | 4:00pm             | Javelin Throw | Heptathlon    | Final      |  |  |  |  |  |
| Medal Presentation              |                    |               |               |            |  |  |  |  |  |
| 35.                             | 4:10pm             | 400m Hurdles  | Women         | Final      |  |  |  |  |  |
| 19a.                            | 4:15pm             | 400m Hurdles  | Men           | Final      |  |  |  |  |  |
| 15f.                            | 4:25pm             | 800m          | Heptathlon    | Final      |  |  |  |  |  |
| 36.                             | 4:30pm             | Javelin Throw | Men           | Final      |  |  |  |  |  |
| 14h.                            | 4:30pm             | Javelin Throw | Decathlon     | Final      |  |  |  |  |  |
| 37.                             | 4:30pm             | Triple Jump   | Men           | Final      |  |  |  |  |  |
| 29b(i)                          | 4:35pm             | 200m          | Women         | B Final    |  |  |  |  |  |
| 29b(ii)                         | 4:40pm             | 200m          | Women         | A Final    |  |  |  |  |  |
| 30b(i)                          | 4:45pm             | 200m          | Men           | B Final    |  |  |  |  |  |
| 30b(ii)                         | 4:50pm             | 200m          | Men           | A Final    |  |  |  |  |  |
| 3a(i)                           | 4:55pm             | 400m          | Women         | B Final    |  |  |  |  |  |
| 3a(ii)                          | 5:00pm             | 400m          | Women         | A Final    |  |  |  |  |  |
| 4a(i)                           | 5:05pm             | 400m          | Men           | B Final    |  |  |  |  |  |
| 4a(ii)                          | 5:10pm             | 400m          | Men           | A Final    |  |  |  |  |  |
| INTERMISSION/Medal Presentation |                    |               |               |            |  |  |  |  |  |
| 38.                             | 5:40pm             | 5,000m        | Men           | Final      |  |  |  |  |  |
| 14i.                            | 6:00pm             | 1,500m        | Decathlon     | Final      |  |  |  |  |  |
| 39.                             | 6:15pm             | 4x100m Relay  | Women         | Final      |  |  |  |  |  |
| 40.                             | 6:25pm             | 4x100m Relay  | Men           | Final      |  |  |  |  |  |
| 41.                             | 6:35pm             | 4x400m Relay  | Women         | Final      |  |  |  |  |  |
| 42.                             | 6:45pm             | 4x400m Relay  | Men           | Final      |  |  |  |  |  |
|                                 | Medal Presentation |               |               |            |  |  |  |  |  |
| CLOSURE                         |                    |               |               |            |  |  |  |  |  |