

2nd November 2011 Media Release From Trevor James PRO – NAAA

## Former Jamaican Olympian Grace Jackson will be the Guest Speaker at NAAA Women's Symposium

On Saturday 5th November 2011, former Jamaican Olympian Grace Jackson will be the guest speaker at the NAAA's Women's Symposium titled "Believe in Yourself"

Jackson, who won silver in the 1988 Olympics in Seoul Korea when she competed in the 200 meters final, believes strongly that Jamaica's accomplishment in the sport is the commitment and hard work towards achieving their goals to succeed. She also believes that athletics has grown to become a mainstream sport that can take anyone from poverty to wealth but it's also important to have a solid foundation.

Ms. Grace Jackson will co-facilitate the symposium along with Mrs. Lucia Reyes Principal, Belmont Boys Secondary School, Port of Spain and Mrs. Geraldine Hunt of the Family Planning Unit.

"Believe in Yourself" aim is to bring about a greater awareness among women, focusing on selfimprovement is the way to personal success.

The symposium "Believe in Yourself" will be held at the Crown Plaza, Wrightson Road, Port of Spain, from 9:00am to 3:00pm on Saturday 5<sup>th</sup> November 2011.

The attendees will comprise of 120 young women aged 12 to 19 years who were selected from various Sporting Clubs throughout Trinidad and Tobago.

## Women's Committee of the National Association of Athletic Administration (NAAA)

- Mrs Lucretia Burns (Chairperson)
- Mrs Joyce Thomas (Secretary)
- Ms Dawn Washington
- Ms Michelle Stoute-Lopez
- Ms Clarieta George
- Ms. Evelyn Larrier-Ferriera

Should you require any further information, please telephone Lucretia Burns @ 716-5016 or <u>burnsttt@gmail.com</u>

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